Based on a review of the article, it appears to be **primarily written by a human**, with specific sections or supplemental materials explicitly identified as being assisted or generated by AI.

Here is the breakdown of why this article is human-authored:

1. Specific Personal Anecdotes

The article is framed around a very specific, real-world event: a family get-together at an Airbnb on **Phillip Island, Victoria**. The author describes personal interactions ("the first comments I get—before the bags are even out of the car") and specific physical actions (walking around the property, checking the NBN utility box, and finding a SIM card in a mesh unit). AI generally cannot fabricate such specific, grounded personal experiences with accompanying original photos of the hardware in situ.

2. Narrative Voice and Style

The tone is conversational and "opinionated" in a way that is typical of a technical professional's blog. It uses analogies (the kitchen sink drain, the pizza) and colloquialisms ("suss out," "Ouch," "Boy, was I wrong") that feel natural to an Australian writer. The technical details regarding the **nbn**® (FTTP vs. Ready to Connect) are highly localized to the Australian market, reflecting a specific regional expertise.

3. Explicit Disclosure of AI Use

The author is transparent about where AI *was* used. In the section "Why Your Internet is Your Best Marketing Tool," there is a "FULL DISCLOSURE" note stating that a linked research paper was **automatically generated using Google's Gemini**. The author notes:

> *"Based on my review of the paper it seems to be spot-on, but it may contain hallucinations."*

This level of transparency strongly suggests that the main body of the text—the narrative and the analysis of the Philip Island trip—is the author's own work, while they used AI as a tool to generate a formal supporting document.

4. Use of Original Media

The article includes several screenshots of speed tests and photos of networking equipment (a GL.iNet travel router and a TP-Link Deco unit) taken inside a specific house. These serve as "proof of life" for the story being told, which AI text generators cannot produce on their own.

Conclusion

The article is a **human-written piece** that uses AI as a research and content-generation tool for supplementary data. It represents a "hybrid" approach where the core narrative and expertise come from the person, while a secondary document was outsourced to an AI model.